

Elizabeth Perlman

FOUNDER AND EXECUTIVE DIRECTOR OF THE INTUITIVE WRITING PROJECT

My name is Elizabeth. I am a writer. For me, writing is breathing. I simply cannot exist without it. I am also an ardent advocate for All Things Imaginative and Immeasurable.

I got my BA in Media Arts and Film before completing the Art Direction program at the Portfolio Center. I am an ordained Interfaith Minister and a AWA/Amherst Writers Group Leader. For over ten years, I worked in advertising. Most recently, I earned my Master's in Transformative Arts. Through it all (and despite many unexpected detours) my intention has always been the same—to tell stories that matter.

I was inspired to create the Intuitive Writing Project based on what I wanted and needed when I was a teen. Although I first wrote down the idea for this program fifteen years ago, it's taken a lifetime to actually step forward and “declare what I know to be true.” I will be the first to admit that I am a great, big scaredy-cat. And yet, even my fear of speaking up is still less than the pain of remaining silent. Today, our curriculum is the synthesis of all I learned from my own reclamation process. Truly, our struggles become our service.

Ever since I was ten years old, I've kept a journal. As a teenager, I wrote for hours. And every night, in the space between those thin blue lines, I found my own voice. It was writing that saved me. It is still saving me. But my story isn't that different from anyone else's. Every girl is on the same quest, the same “heroine's journey” toward her own unique Truth.

I believe that human beings are both deeply wise and profoundly heroic, but we usually can't see it. Usually, we need some kind of evidence. The Intuitive Writing Project is designed to illuminate the evidence, to support girls in seeing their brilliance and telling their story.

I dream of a world in which every girl is raised to know her value, assert her strengths, and trust her intuition. For me, there is no greater happiness than to hear the stories of the girls we serve. And for girls today, their story has only just begun!

You can write me (I love letters!) at elizabeth@intuitivewritingproject.org.



XO,
Elizabeth